



# Employ~ability

Are you unemployed and looking for work?

Are you hoping to increase your household income?

Do you have a physical health condition?

Could you benefit from help and assistance into employment?

**Why not join our FREE friendly and supportive course offering one-to-one coaching and group support that will help prepare you for employment.**

The course will improve your confidence and teach new skills to develop your job-hunting techniques. We will provide you with the support that you need to get back into work.

The Building Better Opportunities "Support into Employment" project is funded by the European Union European Social Fund and the Big Lottery Fund.



**LOTTERY FUNDED**



**European Union**  
European  
Social Fund

**Call: 01582 470900**

**Website: [www.drcbeds.org.uk](http://www.drcbeds.org.uk)**

**e-mail: [hlw@drcbeds.org.uk](mailto:hlw@drcbeds.org.uk)**

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Our '**Employ~ability**' course will provide a tailor-made package of support to residents\* with physical and work-limiting health issues who have a desire to return to work.

Your course will combine development of personal, social and employability skills. We will explore suitable work options, and can help find you apply for jobs.

Training can include:

- Managing change
- Confidence building
- IT Skills
- CV writing
- Interview skills
- Action planning and setting goals
- Career directions - helping you to identify areas of work and hours suitable to your needs
- Support to search for job vacancies, including access to ways of searching for jobs
- One-to-one support to apply for jobs
- Calculating how much better off will you be when in work

For more details please call our  
Health, Learning and Work team  
on 01582 470900

\*Luton, Bedfordshire, Northampton,  
Kettering, Daventry, Aylesbury and Cherwell

*Impartial, advice and guidance available.  
A statement of service on request.*

